

Shirley Price Aromatherapy Ltd

Essentia Skincare Guide

January 2011

Essentia Skincare

At Shirley Price Aromatherapy we believe that beauty is more than skin deep; we believe it starts with a deeper understanding of **health and stress**, and the problems which can lead to unwanted skin conditions. The Shirley Price Essentia range is a highly therapeutic and specialised group of products, with each one containing true essential oils specially blended to revitalise the skin.

The products improve the skin and rejuvenate any complexion, due not only to the quality of the creams themselves, but also to the careful choice of true essential oils. Essential oils can be absorbed via the dermis through to the growing cellular layer and into the bloodstream. As a result, the Essentia range can help ease many skin problems. Supplemented with expert advice from a therapist, the products can be used to help conditions ranging from super-sensitive to dull lifeless skin along with acne, psoriasis and eczema.

Skin Types

Sensitive skin: People with sensitive skin need to be careful to choose products with the minimum of synthetic ingredients, avoiding products containing perfume, lanolin, mineral oil and sometimes soap. However, a person with sensitive skin may have oily skin or dry skin and should choose products suitable for that skin type, ensuring that the range of products is pure and natural. All Shirley Price Aromatherapy products are formulated with sensitive skins in mind.

Normal skin: A normal skin is neither too oily nor too dry - it is clear, radiant, smooth and rare! Aromatherapy skin care helps maintain a good complexion by keeping the blood circulation active and restoring the natural moisture balance.

Oily skin: This skin type can have open pores and is prone to spots. However, it usually maintains its suppleness for longer than other skin types and may appear to age more slowly. Essential oils can do much to help normalise the production of oil from the sebaceous glands.

Dry skin: Dry skin is a common problem and can actually be due to a lack of fluid intake. Other causes are by lost moisture, or insufficient oil production. An effective moisturiser will replace the moisture lost, while essential oils will normalise the production of natural oil.

Mature skin: Essential oils are excellent for helping to preserve the youthful appearance of the skin and also for rejuvenating mature skin as certain essential oils help the regeneration of new skin cells. They also have preservation properties and help to prevent the appearance of lines and wrinkles.

Eczema: Eczema, in the main, is hereditary but is aggravated by stress, diet and environmental pollutants. It can be treated very well with the correct essential oils and specific skin care.

Combination skin: Usually one skin type predominates so that this is the one to treat. If the skin is clearly divided into oily and dry areas treat these areas separately with the correct

mask or masks.

Decide which products are going to be the most useful to your client.

The Essentia classic range offers a solution to all skin care requirements with the added value of aromatherapy oils to enhance and refresh the skin.

The properties of essential oils can be used to create natural cosmetics for different skin types.

Dry Skin - Essentia Cleansing Cream, Rose Hydrolat, Honey Mask, Essentia Moisture Cream, hydrating Pretty Serum

Normal - Essentia Cleansing Milk, Lavender Hydrolat, Revitalizing Minute gel Mask, Essentia Moisture Cream, Hydrating Pretty Serum

Oily - Cleansing Milk, Witch Hazel hydrolat, Cypress Exfoliating Cream, Essentia Lotion

Mature Skin - Essentia Cleansing Cream, Neroli Hydrolat, Honey Mask, Essentia Moisture Cream, Rejuvenating Night Cream

Sensitive skin, Essentia Cleansing Milk, Chamomile Hydrolat, Special E Cream

Combination and teen skin - the following can be used for a teenage skin
Cleansing Milk, Witch hazel Hydrolat, Essentia Moisture Lotion.

Mens - Essentia cleansing milk and moisture lotion.

Using Essentia skin care products:

Cleansing milk - for normal to oily skin

A natural plant based product blended with essential oils of geranium, lavender and rosemary to gently lift impurities and make-up. Cleansing milk will thoroughly cleanse the skin whilst maintaining its correct pH balance. Ideal for a normal or oily skin, it will help to normalise the latter.

1. Removes stale make-up from skin's surface.
2. Removes accumulated skin secretions.
3. Removes dust and dirt.
4. Helps to normalise an oily skin.
5. Leaves skin soft and deep clean.

Method of use: This light milk can be used with cotton wool or water. Follow with toning lotion. An ideal method of application and removal is to use the cleansing milk as you would use a facial soap – apply a small amount of the milk to dampened hands. Smooth over the face and remove with a flannel and warm water.

Cleansing cream - for normal to dry skin

With geranium, lavender and rosemary essential oils, this light and fluffy cream will cleanse without drying. It maintains the natural pH balance of the skin and leaves the skin feeling clean and smooth.

1. Effectively removes make-up from skin's surface.
2. Removes accumulated skin secretions.
3. Removes dust and dirt. (Excellent for make-up around the eyes for any skin type.)
4. Helps to normalise a dry skin.
5. Leaves the skin soft and moist.

Method of use: Apply to face, neck and around eyes daily, rinsing with water or damp cotton wool. Follow with toning lotion. The cleansing cream can be applied with fingers to the face and removed with a damp flannel.

Toning lotion - for all skin types

A highly effective natural toner with essential oils of geranium and lavender to freshen, tone and revitalise the skin. Completes the cleansing process without drying.

1. Refreshes and cools skin.
2. Tones facial muscles.

Removes any remaining traces of cleanser plus make-up or dirt.

Can be used as a cleanser first thing in the morning, provided the skin was thoroughly cleansed the previous night.

Method of use: With cotton wool, gently wipe upwards and outwards, not forgetting the eye area.

Moisture lotion - for normal to oily skin

This fine, light lotion blended with essential oils of geranium, juniper and lavender will help to keep the skin supple and moist and preserve its natural elasticity. Moisture lotion protects the skin from harmful environmental conditions. It will normalise an oily skin.

1. Moisture lotion helps to normalise an oily skin.
2. It keeps the skin's natural moisture balance correct by replacing moisture lost through the pores.
3. Moisture lotion helps to preserve natural elasticity of skin.
4. It forms a barrier to help prevent dust, dirt and make up going into the pores.

Method of use: After thorough cleansing and toning apply moisture lotion with finger tips to the face, neck and around the eyes until completely absorbed.

Moisture cream - for normal and dry skins

A beautiful blend of natural moisturising ingredients, including carrot oil, which helps to maintain the skin's natural moisture balance and elasticity. Contains specially selected essential oils of frankincense, lavender and rose absolute to normalise a dry skin.

1. Moisture cream helps to normalise dry skin.
2. Moisture cream maintains the skin's natural moisture balance by replacing water lost through the pores.
3. It helps to preserve natural elasticity of skin.
4. Moisture cream is non-comedogenic and will not block pores. It forms a barrier to prevent the pores being blocked by dirt and make-up.

Method of use: After thorough cleansing and toning apply to the face, neck and around the eyes, blending until completely absorbed.

Special E moisture cream - for problem skin

This natural moisturiser is blended with essential oils of bergamot, geranium, juniper, lavender and sandalwood to normalise a blotchy skin with dry patches thus helping to clear problematic skin.

1. Special E balances and normalises a blotchy skin with dry patches.
2. It helps to clear a problematic skin.
3. Special E has all the moisturising properties of a moisture cream.

Method of use: Apply daily, after gentle toning, to the entire face, neck and around the eyes to include problem areas.

Clear skin cream - for blemished skin

Formulated specifically for an oily or blemished/acne type skin. This medicated cream includes essential oils of cedarwood, geranium, juniper and lemon and helps to normalise the oil producing glands giving a clear appearance to the complexion.

1. For use on an oily skin, Clear skin cream helps to give a clear complexion.
2. It helps to normalise the oil producing glands. Refines pores.
3. It helps to preserve natural elasticity of skin, keeping it soft and supple.
4. It forms a barrier to help prevent pores being blocked by dirt and make-up.

Method of use: Apply to problem areas daily after cleansing and toning.

Rejuvenating night cream - for all skin types

This smooth, regenerative cream softens and nourishes the skin and helps prevent the signs of premature ageing and wrinkling. If it is used every night it restores suppleness and rejuvenates the appearance of the skin. Contains essential oils of frankincense, lavender, patchouli and sandalwood.

1. Rejuvenating night cream softens and nourishes the skin.
2. It helps to prevent the signs of premature ageing and wrinkles.
3. It helps to preserve the natural elasticity of skin.

Method of use: Apply all over face and neck every night after cleansing and toning.

Sleeping beauty cream – All skin types

Containing essential oils of jasmine, lavender and rose otto, this regenerating cream softens, soothes and tones the skin. With the nourishing and anti-oxidant action, this cream helps prevent the signs of ageing and wrinkles. If used every night it restores suppleness and rejuvenates the appearance of the skin.

1. Softens, soothes and tones the skin
2. Nourishing and Anti-oxidant
3. Restores suppleness and rejuvenates the skin

Method of use: Apply to face and neck at bedtime.

Pretty serum – All skin types

Contains essential oils of frankincense, Neroli and rose otto. This easily absorbed serum contains essential oils that give the skin a silky smooth feel, increasing softness and elasticity. Normalising and revitalising.

1. Skin feels smooth and silky
2. Normalises and revitalises the skin
3. Increases softness and elasticity

Method of use: Gently massage into the skin as often as required.

Cypress exfoliating cream – Normal-dry skin

This creamy mask, containing bergamot, cypress and lavender, cleanses, smoothes and invigorates. Its exfoliating action eliminates impurities, refines pores and helps to maintain a clear and healthy complexion.

1. Eliminates impurities
2. Refines pores
3. Maintains a clear and healthy complexion
4. Cleanses, smoothes and invigorates the skin

Method of use: Gently massage for approximately 5 minutes, then rinse with tepid water.

Honeymask - Normal to dry/mature skin.

A smooth honey mask including essential oils of lavender and geranium, which gently stimulates and nourishes a dry or mature skin. Helps restore skin based vitality and elasticity. Used over time will normalise a dry skin.

Ingredients: Aqua, Mel, Propylene Glycol, Xanthum Gum, Hydroxyeythycellulose, Algin, Phenoxyehanol, Methyidbromo Glutaronitrile, lavendula angustifolia, pelargonium graveolens, santalum album

PH value: 4.5-5.5, Specific gravity 0.997-1.00

Revitalising minute gel

All skin types. All skin types can use minute gel to activate blood circulation, revitalise and promote a glowing, healthy skin. With regular use will brighten the skin and normalise a sensitive skin; includes essential oils of chamomile and cypress.

Shirley Price Hydrolats

Melissa hydrolat

Melissa can be used to lift despondency and despair. It can be used on its own or in a mix as a skin clarifier.

Size: 200ml Code: 7007

Lavender hydrolat

Lavender makes this hydrolat ideal for all skin types. Its gentle nature also makes it safe to use on children, calming them and temper tantrums.

Lavender hydrolat also makes a refreshing room spray.

Size: 200ml Code: 7008

Rose hydrolat

Added to the bath, rose hydrolat aids relaxation. Its mildly antiseptic and cooling properties make it useful for many applications. In fact, if rose is used in conjunction with the hydrolats of lavender and chamomile, you will be able to promote good general health.

Size: 200ml Code: 7009

Neroli hydrolat

Being astringent makes neroli the ideal treatment for delicate, sensitive and oily skins. It can be used as a toner.

Size: 200ml Code: 7010

Chamomile Roman hydrolat

One of the best all-round hydrolats. Its gentle nature makes it ideal for use on young babies and children. Chamomile Roman's astringent properties make it the best all-in-one make-up remover, cleanser and toner.

Size: 200ml Code: 7011

Hydrolat list

Barcode	item
96014622	Organic Basil
96014639	Organic Chamomile Roman
96014646	Organic Cistus
96014653	Organic Cypress
96014660	Organic Juniper
96014677	Organic Geranium Bourbon
96014684	Organic Geranium
96014691	Organic Helicrysum
96014707	Organic Inula
96014714	Organic Laurel
96014721	Organic Spike Lavender
96014738	Organic Lavender Fine
96014745	Organic Lemon Balm

96014752	Organic Peppermint
96014769	Organic St Johns Wort
96014776	Organic Myrtle
96014783	Organic Neroli
96014790	Organic Pine
96014806	Organic Ravensara
96014813	Organic Rosemary
96014820	Organic Rosemary Verbenone
96014837	Organic Santoline
96014844	Organic Rosewater
96014851	Organic Savory
96014868	Organic Sage
96014875	Organic Clary Sage
96014882	Organic Thyme
96014899	Organic Thyme Thymol
96014905	Organic Vetiver

Product details

Cleansing cream

Normal to dry skin

With geranium, lavender and rosemary essential oils, this light and fluffy cream will cleanse without drying. It

maintains

the natural pH balance of the skin and leaves the skin feeling clean and soft.

Size: 50ml Code: 5501

Cleansing milk

Normal to oily skin

A natural plant based milk blended with essential oils of geranium, lavender and rosemary to gently lift impurities and

make-up. Cleansing milk will thoroughly cleanse the skin whilst maintaining its correct pH balance.

Size: 200ml Code: 5502

Toning lotion

All skin types

A highly effective natural toner with essential oils of geranium and lavender to freshen, tone and revitalize the skin.

Completes the cleansing process without drying. Refreshes and cools the skin and tones the facial muscles.

Size: 200ml Code: 5503

Moisture lotion

Normal to oily skin

This fine, light lotion blended with essential oils of geranium, juniper and lavender will help to keep the skin

supple and

moist and preserve its natural elasticity. Moisture lotion protects the skin from harmful environmental conditions

and

regular use will normalize an oily skin.

Size: 125ml Code: 5507

No 1 Sensitive skin Moisture Cream

Ingredients: Aqua, Helianthus annuus (Sunflower) Seed Oil*, Butospermum Parkii (Shea butter)*, Glycerin, Coco-glucoside and conconut alcohol, Theobroma Cacao (Cocoa) seed butter*, Glyceryl stearate, Cera alba*, Sucrose stearate. Olea europaea (Olive) Fruit Oil*, Linum Usitatissimum (Linseed) Seed Oil*, Aloe barbadensis Leaf Juice Powder*, Phenoxyethanol, Xanthum Gum, Potassium sorbate, Lactic acid, Tocopherol, Benzyl alcohol, Boswellia Carterii, *Limonene* *Certified organic 87.75% organic ingredients

Sizes: 30ml 50ml 150ml Code: 5017

No 2 Dry to Normal Moisture Cream

Sizes: 30ml 50ml 150ml Code: 5018

No 3 Frankincense & Argan Moisture Cream

Sizes: 30ml 50ml 150ml Code: 5015

No 4 Frankincense & Argan Moisture Cream

Sizes: 30ml, 50ml 150ml Code: 5016

Essentia skin care combines the essential beauty and power of plants and flowers into a range of specific, effective products. Essentia products do not contain synthetic perfumes, animal products or lanolin and are not tested on animals.

Sun milk

A soothing milk designed to moisturize and nourish the skin when exposed to the sun. Sun milk is specially formulated

to care for the skin while tanning and should be applied regularly. It does not contain a sun filter.

Size: 200ml Code: 6008

Peppermint balm

A light, moisturizing balm blended with essential oils renowned for their cooling properties. This balm is useful

for

soothing and cooling the skin.

Size: 125ml Code: 6010

After shave balm

Prepared for the man whose skin is dry or irritable after shaving, this light, moisturizing balm is blended with lavender, peppermint and sandalwood to soothe and cool the skin.

Size: 125ml Code: 6011

Scalp tonic

The invigorating and restorative properties of cedarwood, juniper, lavender and rosemary are combined in orange

flower water to produce our special formula to care for thinning and impoverished hair. Used regularly in conjunction

with scalp massage, this tonic can improve the appearance of fine, thinning hair.

Size: 30ml Code: 6012

Shampoo

Our highly effective, specially formulated shampoos are enriched with essential oils to help dry, greasy, normal

hair or

hair infested with headlice. The gentle cleansing action nourishes the hair while maintaining a natural pH balance,

leaving hair feeling extra clean and manageable.

Size: 125ml Code: 6013 (dry) / 6014 (greasy) / 6015 (normal) / 6023 (head lice)

Hair conditioner

A unique conditioner especially formulated with essential oils to help maintain healthy hair and scalp. The hair

is left

feeling soft and silky as the conditioner imparts a healthy shine to the hair while nourishing the scalp.

Size: 125ml Code: 6016 / 6024 (head lice)

Foot reflex cream

A rich, thick massage cream containing essential oils of juniper, lavender and rosemary. Reflex cream was initially

designed to nourish the hard areas of skin on the feet. However, it is effective for elbows and knees too and

can be

used as a massage cream for other areas of the body where the skin is dry.

Size: 30ml Code: 6017

Post epilation moisture cream

Formulated specifically for use immediately after hair removal, this soothing cream includes essential oils of

lavender,

peppermint and sandalwood.

Size: 30ml Code: 6018

No 1 Remedy Scar care moisture cream

Formulated specifically for scarred and pitted skin, this nourishing cream includes the feeding and regenerative

essential oils of frankincense, lavender and myrrh. Used over a period of time the scar care moisture cream will

give a

smoother appearance to the complexion.

Size: 30ml Code: 6019

No 7 Remedy Airways moisture cream

A superb, moisturizing cream with the addition of basil, eucalyptus, lavender and peppermint to maintain smooth and effective respiration.

Size: 30ml Code: 6020

No 6 Remedy Visible veins moisture cream

Specifically formulated for 'rosy cheeks' that become hot and uncomfortable, or are sensitive. This soothing,

cooling cream includes essential oils of cypress, lemon and orange sweet which help to give a clear appearance to the complexion.

Size: 30ml Code: 6021

Chamomile eye drops

A gentle product that helps to relieve tired, dry or gritty eyes. Ideal to use before and after working at the computer and during the summer season to relieve itching and irritation of the eyes and eyelids.

Size: 10ml Code: 6022

Hand and body lotion

All skin types

This rich blend of benzoin, cypress, lavender and patchouli in a light moisturising lotion is absorbed quickly into

the skin,

instantly softening and protecting. Gently massage into the skin as often as required, particularly after washing

or

bathing for truly beautiful hands.

Size: 125ml Code: 5511

Lip balm

Chamomile, geranium, lavender and tea tree essential oils are blended into beeswax base to produce this uniquely

natural, nourishing and restoring lip balm. The lip balm includes a factor 12 sunscreen.

Size: 15ml Code: 5512

Pretty facial serum

All skin types

Contains essential oils of frankincense and neroli and rose otto. This easily absorbed serum contains essential

oils that

give the skin a silky smooth feel, increasing softness and elasticity. Normalising and revitalising.

Size: 10ml, 30ml Code: 5704

Cypress exfoliating cream

Normal to dry skin

This creamy mask, containing bergamot, cypress and lavender, cleanses, smoothes and invigorates. Its exfoliating

action eliminates impurities, refines pores and helps to maintain a clear and healthy complexion.

Size: 50ml Code: 5705

Honeymask - Normal to dry/mature skin.

A smooth honey mask including essential oils of lavender and geranium, which gently stimulates and nourishes a dry or mature skin. Helps restore skin based vitality and elasticity. Used over time will normalise a dry skin.

Ingredients: Aqua, Mel, Propylene Glycol, Xanthum Gum, Hydroxyethylcellulose, Algin, Phenoxyethanol, Methylidbromo Glutaronitrile, lavendula angustifolia, pelargonium graveolens, santalum album

Revitalising minute gel

All skin types. All skin types can use minute gel to activate blood circulation, revitalise and promote a glowing, healthy skin. With regular use will brighten the skin and normalise a sensitive skin; includes essential oils of chamomile and cypress.

No 1 Sleeping beauty night cream

All skin types

Containing essential oils of jasmine, lavender and rose otto, this regenerating cream softens, soothes and tones the

skin. With a nourishing and anti-oxidant action, this cream helps prevent the signs of ageing and wrinkles. If

used every

night it restores suppleness and rejuvenates the appearance of the skin.

Size: 50ml Code: 5725

No 2 Rejuvenating night cream

All skin types

This smooth, regenerative cream softens and nourishes the skin and helps prevent signs of premature ageing

and

wrinkling. If it is used every night it restores suppleness and rejuvenates the appearance of the

skin. Contains

essential oils of frankincense, lavender, patchouli and sandalwood with algal oil.

Size: 50ml Code: 5509

No 5 Remedy Clear skin moisture cream

For blemished skin

Formulated specifically for an oily or blemished type skin. This cream includes essential oils of cedarwood,

geranium, juniper and lemon and helps to normalize the oil producing glands in the skin, giving a clear appearance to the complexion.

Size: 30ml Code: 5019

No 2 Remedy Special E moisture cream

All problem skin

This natural moisturizer, based on avocado oil, is blended with essential oils of bergamot, geranium, juniper,

lavender and sandalwood to normalize a blotchy skin with dry patches, thus helping to clear problematic skin.

Size: 30ml / 50ml Code: 5020 / 5021

Facial treat rejuvenator

This luxurious blend contains essential oils of fennel, frankincense, lavender and lemon in a base of grapeseed

and wheatgerm. The facial treat blend reduces the appearance of wrinkles and scarring. This special mixture is

also effective for reducing puffiness around the eye area, and maintains skin tone and sebum production.

Size: 30ml Code: 6004

After bath lotion

This light, non-greasy lotion is ideal for moisturizing your whole body after a bath or shower. A luxurious blend

of special essential oils enhance the youthful appearance of the skin.

Size: 125ml Code: 6007

SKIN GELS AND CREAMS

Clear aloe hydrating gel

An aqueous blend of containing natural aloe vera producing a clear, colourless gel.

An aqueous blend of containing natural aloe vera producing a clear, colourless gel. Aloe vera is a sun loving plant that grows in dry conditions. It is cultivated commercially for the sap that can be extracted from its leaves. The sap is used for its healing and moisturising properties. The aloe vera sap taken from the fleshy leaves of the aloe vera has given this plant a reputation for almost miraculous soothing, healing and moisturising properties. It appears as an ingredient in many creams, suntan lotions and hair-care products. Aloe vera has soothing, healing and moisturising properties.

Aloe and seaweed gel

Aloe vera and seaweed gel is suitable for direct application on the skin or can be used as a base gel for adding essential oils and/or carrier oils to to make your own luxury gel.

Aloe vera and seaweed gel is suitable for direct application on the skin or can be used as a base gel for adding essential oils and/or carrier oils to to make your own luxury gel. Ingredients: aqua, aloe vera gel, PEG 6 caprylic/capric triglyceride, seaweed extract, glycerine, polysorbate 20, triethanolamine, carbomer phenoxyethanol, methylparaben, ethylparaben, propylparaben, butylparaben.

Borage gel

Borage gel contains borage officinalis. Borage gel can be used for dry scaly skin and is especially useful for revitalisation of ageing skin. Borage gel contains gamma linolenic acid (GLA) which is not a miracle cure but can help support the bodies own functioning to maintain itself in good health. Ingredients: Aqua, Glycerin, Triethanolamine, PEG-40 Hydrogenated Castor Oil, Borago Officinalis, Hamamelis virginiana, Glyceryl Polymethacrylate, Carbomer, Sodium PCA, Disodium EDTA, Propylene Glycol, Methylparaben, Propylparaben, Magnesium Chloride, Magnesium Nitrate, Methylchloroisothiazolinone, Methylisothiazolinone

Lavender Gel

Lavender gel contains the essential oils of lavender (soothing & rejuvenating) as well as the extracts of chamomile (relaxing & antibacterial), lavender, panax ginseng (a tonic) and comfrey (helpful for itchy, rough and very dry skin). Ingredients: Aqua, Glycerin, Triethanolamine, PEG-40 Hydrogenated Castor Oil, Lavandula angustifolia (Lavender) Flower Oil, Glyceryl Acrylate/Acrylic Acid Copolymer, Anthemis nobilis (Chamomile) Flower Extract, Lavandula angustifolia (Lavender) Flower Extract, Panax ginseng Root Extract, Symphytum officinale (Comfrey) Root Extract, Propylene Glycol, Carbomer, Sodium PCA, Disodium EDTA, Methylparaben, Propylparaben, Methylchloroisothiazolinone, Methylisothiazolinone, Linalool, Eugenol, Limonene

Muscle and Joint Gel

Muscle and joint gel contains the essential oils of eucalyptus (a stimulant), peppermint (invigorating), rosemary

Muscle and joint gel contains the essential oils of eucalyptus (a stimulant), peppermint (invigorating), rosemary (helpful with muscular fatigue) and camphor (helpful for muscular aches and pains) as well as strawberry, black currant, red raspberry and grapefruit fruit extracts. Ingredients: Aqua (Water), Glycerin, Triethanolamine, PEG-40 Hydrogenated Castor Oil, Glyceryl Acrylate/Acrylic Acid Copolymer, Eucalyptus Globulus (Eucalyptus) Leaf Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Fragaria Vesca (Strawberry) Fruit Extract, Ribes Nigrum (Black Currant) Fruit Extract, Rubus Idaeus (Red Raspberry) Fruit Extract, Vitis Vinifera (Grape) Fruit Extract, Piper Nigrum (Black Pepper) Seed Oil, Cinnamomum Camphora (Camphor) Bark Oil, Alcohol DENAT., Carbomer, Sodium PCA, Propylene Glycol, Disodium EDTA, Methylparaben, Propylparaben, Methylchloroisothiazolinone, Methylisothiazolinone, Limonene, Linalool

Neroli Hydrating Gel

Neroli hydrating gel is great for use as a hydrating eye gel or is suitable for direct application on the body.

Neroli hydrating gel is great for use as a hydrating eye gel or is suitable for direct application on the body. Ingredients: Aqua, Alcohol Denat, Aloe Barbadensis (Aloe Vera) Leaf Extract, Carbomer, PEG-40 Hydrogenated Castor Oil, Citrus aurantium amara (Bitter orange) Flower Oil, Sodium Hydroxide, Benzyl Alcohol, Phenoxyethanol, Methylparaben, Butylparaben,

Ethylparaben, Isobutylparaben,
Propylparaben, Linalool,
Limonene, Farnesol, Geraniol,
Citral

Rose Hydrating gel

Rose hydrating gel combines the rejuvenating properties of rose essential oil (*rosa damascena*) in a wonderfully hydrating aloe vera base gel.

Rose hydrating gel combines the rejuvenating properties of rose essential oil (*rosa damascena*) in a wonderfully hydrating aloe vera base gel. Rose hydrating gel is suitable for direct application on the skin. Ingredients: Aqua, Propylene Glycol, Glyceryl Polymethacrylate, Aloe barbadensis, Triethanolamine, Anthemis nobilis, Lavandula angustifolia, Panax ginseng, Symphytum officinale, Rosa Damascena, Sodium Hyaluronate, Tocopheryl Acetate, PEG-40 Hydrogenated Castor Oil, Carbomer, Xanthan Gum, Sodium PCA, Allantoin, Dichlorobenzyl Alcohol, Phenoxyethanol, Methylparaben, Butylparaben, Ethylparaben, Propylparaben, Isobutylparaben, Parfum, CI 17200, Citral, Eugenol, Geraniol, Citronellol, Farnesol, Linalool.

Soothing peppermint foot gel

Soothing peppermint foot gel contains the essential oils of peppermint (*mentha piperita*) as well as extracts of evening primrose, honey, henna and wheat germ.

Soothing peppermint foot gel contains the essential oils of peppermint (*mentha piperita*) as well as extracts of evening primrose, honey, henna and wheat germ. Apply soothing peppermint foot gel to reinvigorate tired feet. Ingredients: Aqua (Water), Glycerin, Triethanolamine, PEG-40 Hydrogenated Castor

Oil, Glyceryl Acrylate/Acrylic Acid Copolymer, Mentha Piperita (Peppermint) Oil, Oenothera Biennis (Evening Primrose) Root Extract, Lawsonia Inermis (Henna) Extract, Mel (Honey) Extract, Triticum Vulgare (Wheat) Germ Extract, Propylene Glycol, Carbomer, Sodium PCA, Disodium EDTA, Alcohol Denat., Methylchloroisothiazolinone, Methylisothiazolinone, Methylparaben, Propylparaben, Limonene, Linalool

Tea tree gel

Tea tree gel contains the essential oil of tea tree (*Melaleuca alternifolia*) as well as extracts of oat, eyebright, mallow and goldenrod.

Tea tree gel contains the essential oil of tea tree (*Melaleuca alternifolia*) as well as extracts of oat, eyebright, mallow and goldenrod. Tea Tree essential oil is a deeply cleansing and antibacterial and is useful in body skincare blends for problem skin. Tea tree essential oil has a warm, fresh and spicy aroma. Tea tree gel can be used daily. Ingredients: Aqua, Glycerin, Triethanolamine, PEG-40 Hydrogenated Castor Oil, *Melaleuca Alternifolia* (Tea Tree) Leaf Oil, *Avena sativa* (Oat) Kernel extract, *Euphrasia officinalis* (Eyebright) extract, *Malva sylvestris* (Mallow) extract, *Solidago virgaurea* (Goldenrod) extract, Glyceryl Polymethacrylate, Propylene Glycol, Carbomer, Sodium PCA, Disodium EDTA, Propylparaben, Methylparaben, Magnesium Chloride, Magnesium Nitrate, Methylchloroisothiazolinone, Methylisothiazolinone, Limonene

Almond and Sandalwood Cream
Almond & Sandalwood Cream contains the essential oil of *Santalum album* (sandalwood) as well as the extracts of chamomile, lavender, panax ginseng and

comfrey.

Almond & Sandalwood Cream contains the essential oil of santalum album (sandalwood) as well as the extracts of chamomile, lavender, panax ginseng and comfrey. Almond and sandalwood cream is suitable for daily application on the skin.

Ingredients: Aqua, Cetearyl Ethylhexanoate, Stearic Acid, Prunus amygdalus dulcis (Sweet Almond) Oil, Glyceryl Stearate, Propylene Glycol, Cera Alba, Cetyl Acetate, Cetearyl Alcohol, Anthemis nobilis (Chamomile) Flower Extract, Lavandula angustifolia (Lavender) Flower, Extract, Panax ginseng Root Extract, Symphytum officinale (Comfrey) Leaf Extract, Santalum album (Sandalwood) Oil, Sodium PCA, Tocopheryl Acetate, Triethanolamine, Phenoxyethanol, Disodium EDTA, Sodium Borate, Dichlorobenzyl Alcohol, Methylparaben, Butylparaben, Ethylparaben, Isobutylparaben, Propylparaben

Aloe Vera cream

Aloe Vera Cream combines the therapeutic benefits of aloe vera with lavender, chamomile, panax ginseng, comfrey and vitamin e, in a wonderfully nourishing cream base.

Aloe Vera Cream combines the therapeutic benefits of aloe vera with lavender, chamomile, panax ginseng, comfrey and vitamin e, in a wonderfully nourishing cream base. Aloe vera cream is suitable for daily application on the skin.

Ingredients: Aqua, Aloe barbadensis, Glycerin, Prunus Amygdalus Dulcis, Stearic Acid, Cetearyl Alcohol, Magnesium Aluminum Silicate, Dimethicone, Glyceryl Stearate, Anthemis nobilis, Lavandula angustifolia, Panax ginseng, Symphytum officinale, Tocopheryl Acetate, Propylene Glycol, Triethanolamine, Sodium PCA,

Disodium EDTA, Phenoxyethanol,
Methylparaben, Butylparaben,
Ethylparaben, Isobutylparaben,
Propylparaben

Borage cream (parabens free)
Borage cream combines the
therapeutic benefits of borage
with lavender, chamomile, panax
ginseng, comfrey and vitamin e,
in a wonderfully nourishing
PARABENS FREE cream base.

Borage cream combines the
therapeutic benefits of borage
with lavender, chamomile, panax
ginseng, comfrey and vitamin e,
in a wonderfully nourishing
PARABENS FREE cream base.

Borage cream is suitable for daily
application on the skin.

Ingredients: Aqua, Aloe
barbadensis, Borago Officinalis,
Glycerin, Stearic Acid, Cetearyl
Alcohol, Magnesium Aluminum
Silicate, Dimethicone, Glyceryl
Stearate, Anthemis nobilis,
Lavandula angustifolia, Panax
ginseng, Symphytum officinale,
Propylene Glycol,
Triethanolamine, Tocopheryl
Acetate, Sodium PCA, Disodium
EDTA, Phenoxyethanol, Ethyl
Hexyl Glycerin,
Methylisothiazolinine

BODYOILS

The essence of aromatherapy is creating blends of essential oils for specific purposes.

When two or more essential oils are combined the result is a synergistic blend, the beneficial effects of which can be far greater than those of the individual oils which make up the blend. To learn the art of synergistic blending requires years of dedication and experience.

The 'Care for' range is a unique concept developed by Shirley Price Aromatherapy, which enables you to care for yourself in your own home. Shirley Price Aromatherapy has created a range of unique blends of essential oils designed to address specific health needs.

The 'Care for' range of pure essential oils should NEVER be applied directly to the skin.

The 'Care for' range can be used for massage by adding them to a carrier (15 drops to 50ml carrier oil/lotion) or alternatively you may wish to try the ready blended range of massage oils/lotions.

Pure essential oils mixes are available in a 10ml size whilst the ready mixed lotions or oils are available in a 125ml size.

After flight

An invigorating, energising blend of uplifting oils which can help reduce the effects of differing time zones.

Size: 10ml Code: 2005

Airways

Inhale this cleansing blend of oils or add a few drops to your bath daily. Use

in a carrier
lotion on the face, particularly
on the nose and cheek bones, to free
your nasal passages.

Size: 10ml / 125ml Code:
2080 / 2081 (lotion)

Cellulite

A blend of oils specially selected for
their cleansing properties. Used
regularly, this
blend will reduce the unsightly
dimples associated with cellulite.

Size: 10ml / 125ml Code:
2010 / 2014 (oil) / 2017 (lotion)

Circulation

A stimulating blend of oils to help
maintain a healthy circulation and bring
tone to the
body and skin. Available as a pure
essential oil mix to add to the bath or a
ready mixed oil to be applied daily for
best
results.

Size: 10ml / 125ml Code:
2020 / 2024 (oil)

Clear head

This blend combines oils known for
their clarifying properties. This natural
preparation
revives, refreshes and soothes
the mind.

Size: 10ml / 125ml Code:
2035 / 2037 (lotion)

Fatigue

This blend will keep the mind alert and
responsive even at the end of the day.
Especially appropriate for use in the
car.

Use in a vaporizer or inhale directly by
placing a few drops of oil on a tissue.

Size: 10ml / 125ml Code:
2030 / 2030 (oil)

Joints

Available as a pure essential oil mix at
add directly to the bath. Also available
as a
carrier oil or lotion to massage into
appropriate areas twice daily.

Size: 10ml / 125ml Code:

2040 / 2044 (oil) / 2047 (lotion)

Muscles

This blend is ideal for tired and stiff muscles if used in the bath or in a ready mixed oil/lotion. It is effective for use before and after sport, helping to prevent cramp and induce relaxation as well as for everyday aches and pains.

Size: 10ml / 125ml Code:
2060 / 2064 (oil) / 2067 (lotion)

Problem skin

To care for problem skins, this normalizing blend of essential oils in a lotion is ideal.

Use daily as required on dry, flaky or itchy skin.

Size: 125ml Code: 2075
(lotion)

Respiratory system

A tranquil, soothing blend. Inhale to help maintain healthy lungs. This blend is used for aiding effective respiration.

Size: 10ml Code: 2075

Rest

Known for their soothing and relaxing characteristics, these oils have been blended to help you rest naturally and deeply during the night. A few drops on a tissue and placed either within your pillowcase or in the pocket of your pyjamas is the most effective, or use 4—6 drops of the mix in a warm bath

Size: 10ml Code: 2085

Stresses and strains

This popular blend is an invaluable aid to relaxation during a busy or stressful day. It

eases feelings of tiredness, leaves you more relaxed, lessens tension and restores calmness

Size: 10ml / 125ml Code:
2090 / 2094 (oil) / 2097 (lotion)

Stretch marks

This carefully selected blend of

essential oils, when used in the bath, will help keep skin supple and elastic. Use 4 - 5 drops in a warm bath from the 4th month of pregnancy. It can also be applied, in a carrier oil, twice daily from the 4th month of pregnancy or during weight loss to maintain skin tone.
 Size: 10ml / 125ml Code: 2100 / 2104 (oil)

Visible veins
 To care for your legs, we have prepared a blend of especially selected essential oils.
 Especially
 Size: 10ml / 125ml useful where veins are visible in the calves and thighs.
 Code: 2110 / 2114 (oil)

Women
 This special blend is formulated with oils noted for their balancing and normalizing effects.
 Size: 10ml / 125ml Code: 2120 / 2127 (oil)

Barcode	ref	size
item		ml
96014912	1220	Melissa mix (citronella & citrus oils) 10
96014929	1285	Pettigrain-o-flowers 10
96014936	1305	Rose geranium mix 10
96014943	LB3	
Jasmine 5% in jojoba		10
96014950	LB5	
Melissa 5% in jojoba		10
96014967	LB7	Neroli 5% in jojoba 10
96014974	LB9	Rose Otto 5% in jojoba 10
96014981	LB10	Rose absolute 5% in jojoba 10
96015001	LB11	
Sandalwood 5% in jojoba		10
96015018		Jasmine 25% in jojoba 10
96015025		Melissa 25% in jojoba 10

96015032		Neroli 25% in jojoba	10
96015049		Rose Otto 25% in jojoba	10
96015056		Rose absolute 25% in jojoba	10
96015063		Sandalwood 25% in jojoba	10
96015070	2105	Abdominal discomfort true e.o. mix	10
96015087	2005	After flight pure essential oil mix	10
96015094	2080	Airways pure essential oil mix	10
96015100	2010	Cellulite true essential oil mix	10
96015117	2020	Circulation Boost true essential oil mix	10
96015124	2035	Clear head true essential oil mix	10
96015131	2070	Easy breathe winter chills true e.o. mix	10
96015148	2030	Fatigue true essential oil mix	10
96015155	2032	Feet Easy true essential oil mix	10
96015162	2083	Immune Boost true essential oil mix	10
96015179	2040	Joints mobility true essential oil mix	10
96015186	2001	Naturally antimicrobial true essential oil mix	10
96015193	2060	Muscle Ease true essential oil mix	10
96015209	2073	Problem skin true essential oil mix	10
96015216	2050	Respiratory Special P.true e.o. mix	10
96015223	2085	Rest true essential oil mix	10
96015230	2090	Stresses & strains true e.o. mix	10
96015247	2100	Stretch marks true essential oil mix	10
96015254	2110	Visible veins true essential oil mix	10
96015261	2120	Woman Special M true essential oil mix	10
96015278	2081	Airways winter chills ready mixed lotion	125
96015285	2017	Cellulite ready mixed lotion	125
96015292	2014	Cellulite ready	

mixed oil	125	
96015308	2024	Circulation
ready mixed oil	125	
96015315	2037	Clear head
ready mixed lotion	125	
96015322	2034	Fatigue ready
mixed oil	125	
96015339	2047	Joints ready
mixed lotion	125	
96015346	2044	Joints ready
mixed oil	125	
96015353	2067	Muscles after
sport ready mixed lotion	125	
96015377	2064	Muscles after
sport ready mixed oil	125	
96015384	2075	Problem skin
ready mixed lotion	125	
96015391	2097	Stresses &
strains ready mixed lotion	125	
96015407	2094	Stresses &
strains ready mixed oil	125	
96015414	2104	Stretch marks
ready mixed oil	125	
96015421	2114	Visible veins
ready mixed oil	125	
96015438	2127	Woman ready
mixed lotion	125	
96015445		Uplifting essential
oil mix	10	
96015452		Relaxing essential
oil mix	10	
96015469		Anxiety essential
oil mix	10	
96015476		Agitation essential
oil mix	10	
96015483		Confidence
essential oil mix	10	
96015490		Despair essential
oil mix	10	
96015506		Detox essential oil
mix	10	
96015513		Exotic essential oil
mix	10	
96015520		Feet easy
essential oil mix	10	
96015537		Forgiveness
essential oil mix	10	
96015544		Guilt essential oil
mix	10	
96015551		Motivation
essential oil mix	10	
96015568		Panic essential oil
mix	10	
96015575		Restlessness

essential oil mix	10	
96015582		Sensuality
essential oil mix	10	
96015599		
96015605		Cellulite massage
oil	100	
96015612		Destress massage
oil	100	
96015629		Detoxify massage
oil	100	
96015636		Just
coconut	100	
96015643		Relaxing massage
oil	100	
96015650		Sensuality
massage oil	100	
96015667		Sensuality
massage Oil for him	100	
96015674		Sensuality
massage Oil for her	100	
96015698	LA12	Muscles
ready mixed oil	100	